

WINTER 2012 Catalog

Latin Guitar

Karate Bhangara

Gymnastics

COMICS Game Design

French Cooking

Jewelry Making

CHESS Violin Yoga

Drama Tree Frog Treks

Piano JUGGLING

Knitting LEGOS Fun!

After
School
Enrichment
Program

CLASSES BEGIN JANUARY 9TH

Burke's

Burke's Students and Families:

Welcome to our After School Enrichment Program - ASEP! We have added some exciting new classes and are pleased to offer last year's most popular classes.

The Winter program begins on **Monday, January 9**. Due to varying vacation and early dismissal days, the classes will end during different weeks. Registration for the program (including fees) must be received by **Thursday, December 15**. The registration form is located on the last page of this catalog. An e-mail will confirm your course selections after we process your registration. All classes will be offered if they reach their minimum enrollment, which is listed in each course description. Classes may be cancelled if their minimum enrollment is not met seven days prior to class date, in which case fees will be refunded. If you cancel less than eight days prior to the first week of class, fees are not refundable.

Financial assistance is available for students receiving school tuition assistance. Please request financial assistance on the registration form or call Molly for more information.

Winter ASEP classes run for eight weeks. Exceptions are noted in the Course Descriptions of this catalog. **The course fee includes the cost of the Tree House or Study Hall before the class begins, but not afterwards.** ASEP course fees vary according to the time each girl spends in the Tree House or Study Hall. If a class session is missed because of cancellation by the school, a makeup class will be offered.

All ASEP students will report to the Tree House or Study Hall if they have more than a five minute wait between dismissal and their ASEP class. Otherwise, students go directly to their ASEP class at dismissal time.

ASEP pick-up is under the pavilion next to the front office. (Just a reminder, no cars are allowed on campus between 3:30-5:00 p.m. Our traffic compliance agreement extends through after-school hours, which states that there should be no parking on 32nd Avenue between El Camino Del Mar and California or double parking in the cul-de-sac.) **Please allow five minutes after class ends for the girls to arrive at the front office.** If your student is returning to the Tree House, let us know in advance.

Sign up! Experience, Explore and Enjoy! Please call or e-mail me if you have any questions or would like more information.

Sincerely,

Molly McCracken, Director of After School Programs

(415) 751-0177 ext. 232

Molly@kdbs.org

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UPPER SCHOOL ASEP Course Descriptions

PIXEL PLAYERS - VIDEO GAME DESIGN

Open to: Grades 3-6
Day: Monday
Time: 3:30-4:45 p.m.
Instructor: Techsplosion

Location: US Tech Room
Class Limits: Minimum 6, Maximum 12
Course Fee: \$178, (3, 4); \$160 (5, 6)
Materials Fee: None

Dates: 1/9, 1/23, 1/30, 2/6, 2/13, 2/27, 3/5 & 3/12

Immerse yourself in the exciting world of video game design! Students will learn about the process of designing a game from the ground up, and leave class with their own original game. Utilizing GameMaker's renowned software and Techsplosion's expert instruction, students will create amazing video games without the hassle of learning to use code.

Mr. Intermaggio's first teaching experience was in 6th grade, when he asked the teacher if he could lead a class on alternative energy. Since then, Mr. Intermaggio has never stopped! He's worked in all sorts of cool places including The Exploratorium, Play-Well TEKnology, iCamp, and even LEGO Education! Mr. Intermaggio is one of less than 20 LEGO Certified Teacher Trainers worldwide. He founded Techsplosion in 2010 after several years experience leading and developing curriculum for other programs. He hopes to make truly hands-on learning accessible for everyone! For more information about Techsplosion visit: www.techsplosion.org.

INDIVIDUAL VIOLIN LESSONS

Open to: Grades 1-8
Day: Tuesday
Time: 30-minute lessons
Instructor: Zamil Sadiq

Location: TBA
Class Limits: 6 slots available
Course Fee: \$312 (does not include cost of Study Hall or Tree House)
Materials Fee: None

Dates: 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/28 & 3/6

Mr. Sadiq will provide a 30-minute private violin lesson once a week on Tuesday for eight weeks. No prior violin experience is necessary and all skill levels are welcome. Mr. Sadiq will customize and tailor his curriculum to the needs of each student. Students will need to have access to a violin and music stand for the duration of the session for lessons and practicing at home. Students will need to bring practice materials to class weekly. Please call Molly ASAP to arrange a time for the lesson. Six time slots are available between 3:00-6:00 p.m.

Mr. Sadiq is a San Francisco Conservatory trained violinist and violist with over 15 years of performance and teaching experience, including with the San Francisco Symphony's School program and the Young Musician's program at UC Berkeley. Mr. Sadiq's primary passion is bringing the joy of playing music to young people. He continues to perform with symphonies throughout the Bay Area.

INDIVIDUAL PIANO LESSONS

Open to: Grades 2-8
Day: Tuesday, Wednesday & Thursday
Time: 30-minute lessons
Instructors: Nicci Welch and Louise Nalbandian (Tues. & Thurs. only)

Location: TBA
Class Limits: 4 slots available
Course Fee: \$312 (does not include cost of Tree House or Study Hall)
Materials Fee: \$35 (for new students - music books, keyboard chart & flash cards)

Tuesday dates: 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/28 & 3/6

Wednesday dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 & 3/7

Thursday dates: 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 3/1 & 3/8

Ms. Welch or Ms. Nalbandian will provide a 30-minute private piano lesson once a week on either a Tuesday, Wednesday or Thursday for eight weeks. No prior piano experience is necessary and all skill levels are welcome, though it is important to have a piano or keyboard with 66 keys at home for practicing between sessions. The instructors will customize and tailor their curriculum to the needs of each student. Students will need to bring practicing materials to lessons and practice between sessions. Please call Molly ASAP to arrange a time for the lesson. Four time slots are available between 3:30-5:30 p.m.

Ms. Welch holds a B.A. in music from California State University, Northridge, Los Angeles, CA. She has taught individual piano and cello instruction to children and adults since 1983. Ms. Welch is also a working musician who has performed with the San Francisco Symphony, Turtle Island String Quartet, Jewel, Smokey Robinson, Peter Gabriel's recent tour and many other musical groups.

Ms. Nalbandian holds a B.A. in piano performance from the University of California, Santa Barbara. She is the recipient of numerous performance awards and is an avid performer throughout California. Ms. Nalbandian has taught ensembles as well as individual piano instruction to children for ten years.

LANGUAGE EXPLORATION: LATIN

Open to: Grades 6-8
Day: Tuesday
Time: 3:30-4:30 p.m.
Instructor: Anthony Sabedra

Location: 204
Class Limits: Minimum 6, Maximum 12
Course Fee: \$160
Materials Fee: None

Dates: 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/28 & 3/6

Salvete, discipulae! In this course, we will learn the Latin language as used by the ancient Romans via mythology and history. We will study vocabulary, simple grammar structures and the basic parts of speech that will contribute to a greater awareness and appreciation of English and the modern romance languages. Studying Latin will also benefit students' preparation for the SSAT. New material will be covered, so returning and new students are welcome. Valete!

Mr. Sabedra has taught Spanish at Burke's for six years. Mr. Sabedra holds a B.S. from the University of Santa Clara and a M.A. in Romance languages from Cornell University. Before coming to Burke's, he taught at the Schools of the Sacred Heart where he was the chair of the International Languages Department and a teacher of French, Latin and Spanish.

INDIVIDUAL GUITAR LESSONS

Open to: Grades 3-8
Day: Wednesday
Time: 30-minute lessons
Instructor: Eric Hamilton

Location: 4A
Class Limits: 5 slots available
Course Fee: \$312 (does not include cost of Study Hall or Tree House)
Materials Fee: None

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 & 3/7

Mr. Hamilton will provide a 30-minute private guitar lesson once a week on Wednesday for eight weeks. No prior guitar experience is necessary and all skill levels are welcome. Mr. Hamilton will customize and tailor his curriculum to the needs of each student. Beginning students will learn music and guitar fundamentals, such as basic chords and note reading in the first position. Students will need to bring their own guitar and related materials to class weekly. Please contact Molly ASAP to arrange a time for the lesson. Five time slots are available between 3:30-6:00 p.m.

Mr. Hamilton has attended the master classes of Christopher Parkening, Montana State, and Rolan Dyens, Paris Conservatory of Music. Mr. Hamilton currently teaches guitar at Cathedral School for Boys and at the Conservatory of Vocal and Instrumental Arts - Golden Gate Academy, Oakland. He is also the musical director of the teen rock bands, Free Lunch (San Francisco) and Oaktown (Oakland). His most memorable experience was spending ten years (1994-2004) in collaboration with composer Mason Williams ("Classical Gas").

YOGA WITH IT'S YOGA KIDS

Open to: Grades 3-6
Day: Wednesday
Time: 3:30-4:30 p.m.
Instructor: Carmelita Encinias

Location: TBA
Class Limits: Minimum 6, Maximum 12
Course Fee: \$178 (3, 4); \$160 (5, 6)
Materials Fee: None

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 & 3/7

Yoga will offer simple movements to help students experience the benefits of a mindful body. Classes are designed to increase coordination, concentration, flexibility and strength with an emphasis on breath, focus and fun. The purpose of the course is to encourage students to stretch their bodies playfully while developing their ability to focus and listen to their bodies.

Carmelita Encinias received her B.A. in Family and Consumer Sciences and Early Childhood Development from Eastern NM University and came to fall in love with the practice of yoga in 1999. Throughout her journeys her practice has evolved into a path of self-discovery and self-empowerment. Carmelita loves to teach, loves children and has varied experience working with elementary-age children as a Teacher, Caregiver, Family Resource Advocate and a Literacy Resource Mentor for Head Start Programs. In class, her playful nature creates a safe and encouraging environment in which to explore, challenge and discover. She encourages her students to listen to their own bodies and to respect whatever messages they receive. Carmelita is certified through It's Yoga San Francisco and It's Yoga Kids and is registered at the 200-level with the Yoga Alliance.

LOWER SCHOOL ASEP Course Descriptions

MONDAY

CREATIVE FOOD WRITING WITH “TAKE MY WORD FOR IT!”

Open to: Grades 3-4
Day: Monday
Time: 3:30-4:30 p.m.
Instructor: Christine Meade

Location: TBA
Class Limits: Minimum 8, Maximum 12
Course Fee: \$178
Materials Fee: None

Dates: 1/9, 1/23, 1/30, 2/6, 2/13, 2/27, 3/5 & 3/12

Do you have an appetite for writing? Then come join our food writing class for 3rd and 4th graders. We will taste food and write about it using all of our senses, read excerpts from literature's greatest writing in praise of food, create adventures for our own food characters with titles like, "Bob Broccoli Takes Over the Universe!" and write love letters to our favorite foods. Take My Word For It! is a one-of-a-kind creative writing program taught in the after school setting. We encourage students to develop their writer's voice through an innovative curriculum that explores countless different ways to put words together. They get to do that in front of their family, friends and teachers at a special reading we put on at the end of every session. See www.blog.takemywordforit.net for more about us!

Christine Meade graduated with her M.F.A. in creative writing from California College of the Arts in May of 2010. She has worked as a newspaper reporter, a marketing writer and a writing instructor for the famed 826 Valencia and began as a teacher with "Take My Word For It!" last school year. Christine also teaches jewelry making at Burke's.

DIGITAL PHOTOGRAPHY

Open to: Grades 1-2
Day: Monday
Time: 3:30-4:30 p.m.
Instructor: Seth Affoumado

Location: TBA
Class Limits: Minimum 6, Maximum 6
Course Fee: \$214 (1); \$196 (2)
Materials Fee: \$15

Dates: 1/9, 1/23, 1/30, 2/6, 2/13, 2/27, 3/5 & 3/12

Students will work with digital cameras to record themselves and their ideas while following themes such as: light, shape, texture, motion and the self portrait. Through the photography process, students will discover many wonderful things about themselves while developing fine motor skills and greater visual awareness. Students will learn about placement of images in frame and how to construct a final image. The class will end with a DVD presentation of all student work and students will get individual copies of the DVD as well. Both beginners and intermediate photographers are welcome.

Mr. Affoumado has been a professional photographer for seventeen years. He specializes in environmental portraiture and lifestyle photography. He also teaches photography at the Academy of Art University and at the Friends School. For more information visit: sethaffoumado.com.

DRAMA - THE PLAY'S THE THING!

Open to: Grades 1-3
Day: Monday
Time: 3:30-4:30 p.m.
Instructor: Nancy Gold

Location: Upper School Drama Room
Class Limits: Minimum 6, Maximum 15
Course Fee: \$214 (1), \$196 (2); \$178 (3, 4)
Materials Fee: None

Dates: 1/9, 1/23, 1/30, 2/6, 2/13, 2/27, 3/5 & 3/12

Calling all drama enthusiasts and comedienne!! Come and play. In action packed classes, explore the art of acting through mime, masks, movement and improvisation. Become a powerful, energized and spontaneous performer. Try your hand at comedy and drama. Then put the whole thing together in a Play and perform it for the delight of family and friends in an open class!

Ms. Gold is a multifaceted performing artist, teacher, director and writer. She is the author of Finding Your Funny Bone! The Actor's Guide To Physical Comedy and Characters, Smith and Kraus Publishers. Her teaching experience includes American Conservatory Theatre, Berkeley Rep School of Theatre, California Shakespeare Theatre, Marin Theatre, Idyllwild Performing Arts and public and private schools in the Bay Area and across the country. Nancy has studied with Jacques LeCoq, Cibor Turba and Claude Kipnis. She has a BFA from the University of Illinois and a master's equivalency degree. She is the recipient of the A. C. T. Young Conservatory Distinguished Artist Mentor Award. She has performed mime shows with symphonies in the US and Canada. With her partner, Lol Levy, she performs classic vaudeville comedy.

MONDAY

TREE FROG TREKS: PLANET EARTH EXPLORER! GRADES K-1

Open to: Grades K-1
Day: Monday
Time: 2:45-3:45 p.m.
Instructor: Tree Frog Treks

Location: TBA
Class Limits: Minimum 8, Maximum 15
Course Fee: \$220 (K); \$184 (1)
Materials Fee: None

TREE FROG TREKS: PLANET EARTH EXPLORER! GRADES 2-4

Open to: Grades 2-4
Day: Monday
Time: 3:45-4:45 p.m.
Instructor: Tree Frog Treks

Location: TBA
Class Limits: Minimum 8, Maximum 15
Course Fee: \$238 (2); \$220 (3, 4)
Materials Fee: None

Dates: 1/9, 1/23, 1/30, 2/6, 2/13, 2/27, 3/5 & 3/12

Become an Explorer Frog as you hop between the continents to discover planet Earth's ecosystems with the scientific team from Tree Frog Treks! Meet our amazing animal ambassadors from the deserts of Australia, the rainforests of South America, and the jungles of Southeast Asia. Prepare yourself for the Arctic and Antarctic expeditions, and then transport yourself to the African Savannah to find out how living things have adapted to these extreme weather conditions. Calculate the possibilities of life on other planets as you leap out into intergalactic space! Make your own scientific equipment like binoculars, plant presses and specimen jars to take home, and don't forget to make a pledge to save, preserve, and maintain our home as a Planet Earth Explorer!

Tree Frog Treks strives to create critical thinkers that will work to save, preserve and maintain our planet's biodiversity by introducing them to live rescued reptiles and amphibians, offering fun, hands-on science programming, and exploring nature. For more information about Tree Frog Treks visit: www.treefrogtreks.com.



PIXEL PLAYERS - VIDEO GAME DESIGN

Open to: Grades 3-6
Day: Monday
Time: 3:30-4:45 p.m.
Instructor: Techsplosion

Location: US Tech Room
Class Limits: Minimum 6, Maximum 12
Course Fee: \$178, (3, 4); \$160 (5, 6)
Materials Fee: None

Dates: 1/9, 1/23, 1/30, 2/6, 2/13, 2/27, 3/5 & 3/12

Immerse yourself in the exciting world of video game design! Students will learn about the process of designing a game from the ground up, and leave class with their own original game. Utilizing GameMaker's renowned software and Techsplosion's expert instruction, students will create amazing video games without the hassle of learning to use code.

Mr. Intermaggio's first teaching experience was in 6th grade, when he asked the teacher if he could lead a class on alternative energy. Since then, Mr. Intermaggio has never stopped! He's worked in all sorts of cool places including The Exploratorium, Play-Well TEKnology, iCamp, and even LEGO Education! Mr. Intermaggio is one of less than 20 LEGO Certified Teacher Trainers worldwide. He founded Techsplosion in 2010 after several years experience leading and developing curriculum for other programs. He hopes to make truly hands-on learning accessible for everyone! For more information about Techsplosion visit: www.techsplosion.org.

TUESDAY

INDIVIDUAL VIOLIN LESSONS

Open to: Grades 1-8
Day: Tuesday
Time: 30-minute lessons
Instructor: Zamil Sadiq

Location: TBA
Class Limits: 6 slots available
Course Fee: \$312 (does not include cost of Study Hall or Tree House)
Materials Fee: None

Dates: 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/28 & 3/6

Mr. Sadiq will provide a 30-minute private violin lesson once a week on Tuesday for eight weeks. No prior violin experience is necessary and all skill levels are welcome. Mr. Sadiq will customize and tailor his curriculum to the needs of each student. Students will need to have access to a violin and music stand for the duration of the session for lessons and practicing at home. Students will need to bring practice materials to class weekly. Please call Molly ASAP to arrange a time for the lesson. Six time slots are available between 3:00-6:00 p.m.

Mr. Sadiq is a San Francisco Conservatory trained violinist and violist with over 15 years of performance and teaching experience, including with the San Francisco Symphony's School program and the Young Musician's program at UC Berkeley. Mr. Sadiq's primary passion is bringing the joy of playing music to young people. He continues to perform with symphonies throughout the Bay Area.

JUGGLING AND STILT WALKING

Open to: Grades 1-4
Day: Tuesday
Time: 3:30-4:30 p.m.
Instructor: Guthrie Morgan

Location: TBA
Class Limits: Minimum 6, Maximum 12
Course Fee: \$214 (1); \$196 (2); \$178 (3, 4)
Materials Fee: None

Dates: 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/28 & 3/6

Come experience juggling and stilt walking with Ms. Morgan! The lifelong sport of juggling uses both the right and left sides of the brain, enables cross lateral development and fosters coordination in both sides of the body. Juggling has also been shown to improve reading! Once you learn to juggle, just like riding a bicycle, your motor memory lets you remember it for life. Students will learn to juggle with clubs, balls, diablos, rings and flower sticks.

Stilt walking develops static and dynamic balance. Through the challenges of learning to stilt walk, students will also learn life skills such as falling safely, spotting, risk taking and goal setting. Each student will set her own pace in a regulated problem-solving format, with immediate reinforcement at every level of accomplishment from Ms. Morgan.

Ms. Morgan teaches Lower School Physical Education at Burke's. She holds a B.A. degree from San Francisco State University. Ms. Morgan has taught P.E. for over 20 years and is an international games specialist and chess instructor.

GYMNASTICS

Open to: Grades 1-4
Day: Tuesday
Time: 3:30-4:30 p.m.
Instructor: Fitness in Transit

Location: Upper School Music Room
Class Limits: Minimum 8, Maximum 15
Course Fee: \$214 (1); \$196 (2); \$178 (3, 4)
Materials Fee: None

Dates: 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/28 & 3/6

Gymnastics focuses on building body-confidence, coordination, motor skills, strength, and flexibility as well as love of moving that will endure through to adulthood. Each class begins with a technical warm-up, incorporating age-appropriate imagination games to make the exercises interesting and engaging. This builds flexibility, conditions strength, and prepares delicate wrists, backs, and necks for more rigorous activity. The second section of class focuses on age appropriate tumbling passes and movement exploration that builds integrated strength and coordination for more advanced tumbling and inverted work. The class ends with instruction on various gymnastics apparatus, such as the balance beam, vault or bars.

Fitness In Transit (F.I.T.) has offered Bay Area schools and parents an accessible, economical solution to physical education for the past 25 years. We recognize what an amazing time childhood is. Our goal is to help your child develop physically, emotionally and socially in a fun and supportive structure. F.I.T. programs focus on developing motor skills, an early love of physical fitness and giving new opportunities for creativity through performance and play. Our trained instructors create an atmosphere where children feel safe and inspired. Instructors are trained to be encouraging and motivating, emphasizing to children the importance of doing their personal best and encouraging their classmates.

TUESDAY

TOY STORY: GRADES K-1

Open to: Grades K-1
Day: Tuesday
Time: 3:00-3:45 p.m.
Instructor: Rowan Cutler

Location: TBA
Class Limits: Minimum 6, Maximum 15
Course Fee: \$254 (K); \$222 (1)
Materials Fee: Included in course fee

Dates: 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/28 & 3/6 & Film screening on 3/13 at 3:45 p.m. in the Library

Bring your favorite toy to life! Students bring a toy from home to be their main character. They write a story for their character, draw background scenes and learn how to video-animate, bringing the toy to life in their very own digital movie. Don't just watch TV, make your own! Each student receives a DVD-copy of their "Toy Story" to bring home.

Mr. Cutler is a graduate of NYU Film School. He is a film making specialist at over 15 Bay Area schools and art programs. His animated work recently screened on PBS and at the Sundance International Film Festival. He is a staff writer on the Emmy nominated show "Growing Up Creepie" on Discovery Kids. His children's picture book "Stop This Birthday!" is published by Chronicle Books.

STOP MOTION ANIMATION CREATION 2-4

Open to: Grades 2-4
Day: Tuesday
Time: 3:45-4:45 p.m.
Instructor: Rowan Cutler

Location: TBA
Class Limits: Minimum 6, Maximum 15
Course Fee: \$254 (2); \$236 (3, 4)
Materials Fee: Included in course fee

Dates: 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/28 & 3/6 & Film screening on 3/13 at 3:45 p.m. in the Library

In this hands-on class, students learn how to create their very own stop-motion animated projects! Working in small groups, students learn the language of film production and apply it to creating their own digital short films. Students will bring in toys from home, illustrate background scenes, add special effects and voice-overs. Using stop-motion animation, students will bring their unique story to life for the camera. Don't just watch TV, make your own! Each student receives a DVD copy to bring home.

Mr. Cutler is a graduate of NYU Film School. He is a film making specialist at over 15 Bay Area schools and art programs. His animated work recently screened on PBS and at the Sundance International Film Festival. He is a staff writer on the Emmy nominated show "Growing Up Creepie" on Discovery Kids. His children's picture book "Stop This Birthday!" is published by Chronicle Books.

COOKING: AROUND THE WORLD IN THIRTY BITES

Open to: Grades 2-4
Day: Tuesday
Time: 3:30-4:30 p.m.
Instructor: Maya Paul
with What's Cooking

Location: Kitchen
Class Limits: Minimum 7, Maximum 12
Course Fee: \$215 (2); \$190 (3, 4)
Materials Fee: \$25

Dates: 1/10, 1/17, 1/24, 2/14, 2/28, 3/6 & 3/13 (meets for 7 sessions)

Join us on a culinary adventure as we take your taste buds around the world. Young chefs will make home-made meals from Africa all the way to Asia. They won't need a passport - just a sense of enthusiasm and desire to play with their food. Our chefs-in-training will learn how to help their families prepare healthy meals and will practice their culinary skills with a variety of age appropriate cooking tools. Returning students are encouraged since this session will feature all new recipes!

What's Cooking is a Certified Green business that offers healthy and seasonal cooking classes and birthday parties to children of all ages in the San Francisco Bay Area. For more information visit: www.whatscooking.info.

Maya W. Paul is a Certified Holistic Health Counselor. She has always loved food and has enjoyed cooking since she was a young girl. She received her training at the Institute for Integrative Nutrition in New York City. In addition to teaching cooking classes, she loves to help her clients improve their lives through balanced health that incorporates nutrition, exercise, lifestyle changes and self-care.



INDIVIDUAL PIANO LESSONS

Open to: Grades 2-8
Day: Tuesday
Time: 30-minute lessons
Instructors: Nicci Welch
& Louise Nalbandian

Location: TBA
Class Limits: 4 slots available
Course Fee: \$312 (does not include cost of the Tree House or Study Hall)
Materials Fee: \$35 (for new students - music books, keyboard chart & flash cards)

Dates: 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/28 & 3/6

Ms. Welch or Ms. Nalbandian will provide a 30-minute private piano lesson once a week on Tuesday for eight weeks. No prior piano experience is necessary and all skill levels are welcome, though it is important to have a piano or keyboard with 66 keys at home for practicing between sessions. The instructors will customize and tailor their curriculum to the needs of each student. Students will need to bring practicing materials to lessons and practice between sessions. Please call Molly ASAP to arrange a time for the lesson. Four time slots are available between 3:30-5:30 p.m.

Ms. Welch holds a B.A. in music from California State University, Northridge, Los Angeles, CA. She has taught individual piano and cello instruction to children and adults since 1983. Ms. Welch is also a working musician who has performed with the San Francisco Symphony, Turtle Island String Quartet, Jewel, Smokey Robinson, Peter Gabriel's recent tour and many other musical groups.

Ms. Nalbandian holds a B.A. in piano performance from the University of California, Santa Barbara. She is the recipient of numerous performance awards and is an avid performer throughout California. Ms. Nalbandian has taught ensembles as well as individual piano instruction to children for ten years.

JUNIOR FIRST LEGO LEAGUE

Open to: Grades K-3
Day: Tuesday & Thursday
Time: 3:30-4:30 p.m.
Instructors: Jenny Howland
& Elizabeth McDonald

Location: Lower School Tech Lab
Class Limits: Minimum 6, Maximum 12
Course Fee: \$250 (K); \$214 (1); \$196 (2); \$178 (3)
Materials Fee: None

Dates: 1/10, 1/12, 1/17, 1/19, 1/24, 1/26, 1/31, 2/2, 2/7, 2/9 & Saturday, 2/11, 1:00-4:30 p.m. for Jr. FLL League Expo

As a pilot program, Burke's is offering its first Junior FIRST LEGO League (Jr.FLL)! This program focuses on cultivating an interest in science and engineering with hands-on projects designed to capture our girls' inherent curiosity and direct it toward discovering the possibilities of improving the world around them. The program features a real-world challenge, to be solved by research, critical thinking and imagination. Our two teams will be coached by Ms. Howland and Ms. McDonald to discover the possibilities in the challenge. The Jr.FLL cooperative core values will guide the team approach to the challenge while students work with LEGO elements and robotics to build ideas and concepts to share with others. The teams will meet for five weeks on Tuesdays and Thursdays to develop a LEGO model and a Show Me poster, which will be presented at Burke's first Jr.FLL Expo on Saturday, February 11. This event will be a culminating celebration of the work that the students have done through the classes meetings, an opportunity to collaborate with other Bay Area junior teams and a chance to be challenged by projects at the event. For more information about Jr.FLL visit: <http://juniorfirstlegoleague.org>.

Requirements:

Students attend all sessions
 Students attend the February 11 Expo at Burke's from 1:00-4:30 p.m. with one parent or adult chaperone

Sign-up is on a first come first serve basis. Teams will be arranged by the following grades:

- K – 3 students
- 1 – 3 students
- 2 – 3 students
- 3 – 3 students

Ms. Howland is our Lower School Technology Specialist and this is her fourth year at Burke's. She is excited to help our two new teams learn how to hook up motors to the objects they build with LEGOs. Ms. Howland was part of a Robo Expo of independent schools when she lived in New York City as well as part of a LEGO Robotics Teaching Team, which received an award from Columbia University in 2008.

Ms. McDonald is our Lower School Science Specialist. This is her fourth year at Burke's, and she loves how she gets to see her students grow as they progress through the grades. Ms. McDonald coached a First Lego League team of third graders at the Nueva School in 2006 and is excited to work with Burke's girls in the junior version of this fun experience.

WEDNESDAY

KARATE - HAPKIDO: KINDERGARTEN

Open to: Kindergarten
Day: Wednesday
Time: 2:30-3:30 p.m.
Instructor: Marco Magsaysay

Location: Upper School Drama Room
Class Limits: Minimum 6, Maximum 12
Course Fee: \$178
Materials Fee: \$30 for uniform

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 & 3/7

This class is designed especially for Kindergartners. In a small and focused group, students will learn the fundamentals of Hapkido. Hapkido is a Korean style of Karate that incorporates the powerful and fluid kicks of Tae Kwan Do as well as the dynamic joint locks and throws of Ju Jit Su, Aikido and Judo. This type of Karate is a practical form of self-defense and is great for building strength, stamina, focus and self confidence.

KARATE - HAPKIDO: 1ST - 4TH GRADE

Open to: Grades 1-4
Day: Wednesday
Time: 3:30-4:30 p.m.
Instructor: Marco Magsaysay

Location: Upper School Music Room
Class Limits: Minimum 6, Maximum 15
Course Fee: \$214 (1); \$196 (2); \$178 (3, 4)
Materials Fee: \$30 for uniform

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 & 3/7



This energetic and focused class is for beginners and experienced Karate students. Hapkido is a Korean style of Karate that incorporates the powerful and fluid kicks of Tae Kwan Do as well as the dynamic joint locks and throws of Ju Jit Su, Aikido and Judo. This type of Karate is a practical form of self-defense and is great for building strength, stamina, focus and self confidence.

Mr. Magsaysay is the senior instructor and co-owner of Hapkido USA - Karate Club. He has earned a fourth degree black belt in Hapkido. Mr. Magsaysay has been teaching Karate to young children since 1993 and teaching in our ASEP since 2001.

CRAZY FOR COMICS

Open to: Grades 1-4
Day: Wednesday
Time: 3:30-4:30 p.m.
Instructor: Stephanie Abler

Location: Lower School Art Room
Class Limits: Minimum 6, Maximum 10
Course Fee: \$214 (1); \$196 (2); \$178 (3, 4)
Materials Fee: \$25

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 & 3/7

Dancing tomatoes! Funny dogs! Brave superheroes with special powers! It's cartooning! We will have fun creating our own characters and comic strips in this cartoon drawing class. Students will practice drawing the figure and facial expressions, and learn ways to tell stories through pictures and words together as they bring their creative ideas to life.

Ms. Abler has taught ASEP art classes at Burke's since 2007 in painting, ceramics, and drawing. She has also taught Lower School art classes as a substitute teacher. She studied painting and art history at the San Francisco Art Institute and the University of Granada, Spain, and holds a B.A. from the University of California, Santa Cruz.



WEDNESDAY

THE ASEP LANGUAGE EXPLORATION: CONVERSATIONAL SPANISH, MANDARIN AND FRENCH classes are intended to provide exposure to spoken language. In keeping with our practice of beginning formal, intensive language instruction in the fifth grade, they are not academic classes. Parents who seek additional language instruction should be aware that all fifth grade language classes are at a beginning level.

LANGUAGE EXPLORATION: CONVERSATIONAL FRENCH

Open to: Grades 3-4
Day: Wednesday
Time: 3:30-4:30 p.m.
Instructor: Guillaume Burel

Location: TBA
Class Limits: Minimum 6, Maximum 10
Course Fee: \$178
Materials Fee: None

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 & 3/7

This language program is designed to give students a non-classroom setting in which they can acquire, improve and practice conversational French skills. Students in the program will play games, sing songs and speak in a new language together - with near native pronunciation and intonation.

Mr. Burel has taught French in our ASEP program since 2003! He is a native French speaker and holds a Masters of Arts in Linguistics at SFSU and is studying to be a speech therapist. Mr. Burel has experience teaching French to both children and adults.

INDIVIDUAL GUITAR LESSONS

Open to: Grades 3-8
Day: Wednesday
Time: 30-minute lessons
Instructor: Eric Hamilton

Location: 4A
Class Limits: 5 slots available
Course Fee: \$312 (does not include cost of Tree House or Study Hall)
Materials Fee: None

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 & 3/7

Mr. Hamilton will provide a 30-minute private guitar lesson once a week on Wednesdays for eight weeks. No prior guitar experience is necessary and all skill levels are welcome. Mr. Hamilton will customize and tailor his curriculum to the needs of each student. Beginning students will learn music and guitar fundamentals, such as basic chords and note reading in the first position. Students will need to bring their own guitar and related materials to class weekly. Please contact Molly ASAP to arrange a time for the lesson. Five time slots are available between 3:30-6:00 p.m.

Mr. Hamilton has attended the master classes of Christopher Parkening, Montana State, and Rolan Dyens, Paris Conservatory of Music. Mr. Hamilton currently teaches guitar at Cathedral School for Boys and at the Conservatory of Vocal and Instrumental Arts - Golden Gate Academy, Oakland. He is also the musical director of the teen rock bands, Free Lunch (San Francisco) and Oaktown (Oakland). His most memorable experience was spending ten years (1994-2004) in collaboration with composer Mason Williams ("Classical Gas").

KNITTING

Open to: Grades 2-4
Day: Wednesday
Time: 3:30-4:30 p.m.
Instructor: Imagiknit instructor

Location: TBA
Class Limits: Minimum 6, Maximum 8
Course Fee: \$196 (2); \$178 (3, 4)
Materials Fee: \$20

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 & 3/7

Knitting is the art of using yarn to make fabric from interlocking loops. Its origin has been traced as far back as the fourth or fifth century B.C.E. The practice spread from the Middle East along the trade routes to Europe and Asia. Students will learn the fundamentals of knitting: casting on, stitching the knit and purl, changing colors, shaping and casting off. Participants will make a scarf or bag with the skills they master. With practice, future knitting projects are limited only by one's imagination.

Imagiknit offers a variety of beginning and more advanced knitting classes as well as being a yarn and knitting supply shop. They have offered knitting classes at Burke's for six years. For more information visit: www.imagiknit.com



WEDNESDAY

INDIVIDUAL PIANO LESSONS

Open to: Grades 2-8
Day: Wednesday
Time: 30-minute lessons
Instructor: Nicci Welch

Location: TBA
Class Limits: 4 slots available
Course Fee: \$312 (does not include cost of the Tree House or Study Hall)
Materials Fee: \$35 (for new students - music books, keyboard chart & flash cards)

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 & 3/7

Ms. Welch will provide a 30-minute private piano lesson once a week on Wednesday for eight weeks. No prior piano experience is necessary and all skill levels are welcome, though it is important to have a piano or keyboard with 66 keys at home for practicing between sessions. The instructor will customize and tailor her curriculum to the needs of each student. Students will need to bring practicing materials to lessons and practice between sessions. Please call Molly ASAP to arrange a time for the lesson. Four time slots are available between 3:30-5:30 p.m.

Ms. Welch holds a B.A. in music from California State University, Northridge, Los Angeles, CA. She has taught individual piano and cello instruction to children and adults since 1983. Ms. Welch is also a working musician who has performed with the San Francisco Symphony, Turtle Island String Quartet, Jewel, Smokey Robinson and many other musical groups.

YOGA WITH IT'S YOGA KIDS

Open to: Grades 3-6
Day: Wednesday
Time: 3:30-4:30 p.m.
Instructor: Carmelita Encinias

Location: TBA
Class Limits: Minimum 6, Maximum 12
Course Fee: \$178 (3, 4); \$160 (5, 6)
Materials Fee: None

Dates: 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29 & 3/7

Yoga will offer simple movements to help students experience the benefits of a mindful body. Classes are designed to increase coordination, concentration, flexibility and strength with an emphasis on breath, focus and fun. The purpose of the course is to encourage students to stretch their bodies playfully while developing their ability to focus and listen to their bodies.

Carmelita Encinias received her B.A. in Family and Consumer Sciences and Early Childhood Development from Eastern NM University and came to fall in love with the practice of yoga in 1999. Throughout her journeys her practice has evolved into a path of self-discovery and self-empowerment. Carmelita loves to teach, loves children and has varied experience working with elementary-age children as a Teacher, Caregiver, Family Resource Advocate and a Literacy Resource Mentor for Head Start Programs. In class, her playful nature creates a safe and encouraging environment in which to explore, challenge and discover. She encourages her students to listen to their own bodies and to respect whatever messages they receive. Carmelita is certified through It's Yoga San Francisco and It's Yoga Kids and is registered at the 200-level with the Yoga Alliance.

THURSDAY

JEWELRY MAKING

Open to: Grades 2-4
Day: Thursday
Time: 3:30-4:30 p.m.
Instructor: Christine Meade

Location: TBA
Class Limits: Minimum 8, Maximum 12
Course Fee: \$196 (2); \$178 (3, 4)
Materials Fee: \$50

Dates: 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 3/1 & 3/8

Learn the art of jewelry making! This class will focus on using your creative talents to create beautiful handmade pieces of jewelry that will impress your friends and family. All levels are welcome. We use only the highest quality Czech glass beads, fresh water pearls and sterling silver findings, as well as teach several different age appropriate techniques during this class. New projects will be explored, so returning students are welcome.

Christine Meade teaches for Dragonfly Designs. Its mission is to offer exceptional handmade jewelry and the opportunity to create it, while promoting social justice, personal style and fun. Dragonfly Designs jewelry is sold in boutiques across the country and they offer jewelry making classes throughout Bay Area schools. For more information visit: www.jewelrybydfly.com.

THURSDAY

INDIVIDUAL PIANO LESSONS

Open to: Grades 2-8
Day: Thursday
Time: 30-minute lessons
Instructors: Nicci Welch
& Louise Nalbandian

Location: TBA
Class Limits: 4 slots available
Course Fee: \$312 (does not include cost of the Tree House or Study Hall)
Materials Fee: \$35 (for new students - music books, keyboard chart
& flash cards)

Dates: 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 3/1 & 3/8

Ms. Welch or Ms. Nalbandian will provide a 30-minute private piano lesson once a week on Thursday for eight weeks. No prior piano experience is necessary and all skill levels are welcome, though it is important to have a piano or keyboard with 66 keys at home for practicing between sessions. The instructors will customize and tailor their curriculum to the needs of each student. Students will need to bring practicing materials to lessons and practice between sessions. Please call Molly ASAP to arrange a time for the lesson. Four time slots are available between 3:30-5:30 p.m.

Ms. Welch holds a B.A. in music from California State University, Northridge, Los Angeles, CA. She has taught individual piano and cello instruction to children and adults since 1983. Ms. Welch is also a working musician who has performed with the San Francisco Symphony, Turtle Island String Quartet, Jewel, Smokey Robinson, Peter Gabriel's recent tour and many other musical groups.

Ms. Nalbandian holds a B.A. in piano performance from the University of California, Santa Barbara. She is the recipient of numerous performance awards and is an avid performer throughout California. Ms. Nalbandian has taught ensembles as well as individual piano instruction to children for ten years.

YOGA WITH IT'S YOGA KIDS

Open to: Grades K-2
Day: Thursday
Time: 3:30-4:30 p.m.
Instructor: Carmelita Encinias

Location: TBA
Class Limits: Minimum 6, Maximum 12
Course Fee: \$250 (K); \$214 (1); \$196 (2)
Materials Fee: None

Dates: 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 3/1 & 3/8

Yoga will offer simple movements to help students experience the benefits of a mindful body. Classes are designed to increase coordination, concentration, flexibility and strength with an emphasis on breath, focus and fun. The purpose of the course is to encourage students to stretch their bodies playfully while developing the ability to focus.

Carmelita Encinias received her B.A. in Family and Consumer Sciences and Early Childhood Development from Eastern NM University and came to fall in love with the practice of yoga in 1999. Throughout her journeys her practice has evolved into a path of self-discovery and self-empowerment. Carmelita loves to teach, loves children and has varied experience working with elementary-age children as a Teacher, Caregiver, Family Resource Advocate and a Literacy Resource Mentor for Head Start Programs. In class, her playful nature creates a safe and encouraging environment in which to explore, challenge and discover. She encourages her students to listen to their own bodies and to respect whatever messages they receive. Carmelita is certified through It's Yoga San Francisco and It's Yoga Kids and is registered at the 200-level with the Yoga Alliance.

CHESS MASTERS

Open to: Grades 1-4
Day: Thursday
Time: 3:30-4:30 p.m.
Instructor: Guthrie Morgan

Location: Ante Room between 3A & 2B
Class Limits: Minimum 6, Maximum 12
Course Fee: \$214 (1); \$196 (2); \$178 (3, 4)
Materials Fee: None

Dates: 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 3/1 & 3/8

This class is designed for girls interested in the game of chess regardless of experience. Students will learn at their own pace from Ms. Morgan as well as from each other. Every student will be able to play the full period in every class. Students will initiate, explore, and see the outcome of their own ideas. Chess is a fun and great way to develop strategy, spatial awareness, pattern recognition, concentration and memory.

Ms. Morgan teaches Lower School Physical Education at Burke's. She holds a B.A. degree from San Francisco State University. Ms. Morgan has taught P.E. for over 19 years and is an international games specialist and chess instructor.

THURSDAY

BHANGRA/BOLLYWOOD DANCE

Open to: Grades 1-3
Day: Thursday
Time: 3:30-4:30 p.m.
Instructor: Joti Singh

Location: Upper School Drama Room
Class Limits: Minimum 6, Maximum 12
Course Fee: \$250 (K), \$214 (1); \$196 (2)
Materials Fee: None

Dates: 1/19, 1/26, 2/2, 2/9, 2/16, 3/1, 3/8 & 3/15

Come experience inspiring and upbeat dances from India. Bhangra is traditionally a vivacious and energetic harvest dance from Punjab, India performed at the time of the Vaisakhi festival. Traditionally a dance for men, with women dancing a form called giddha, today Bhangra is danced by women and men, and people of all ages. Bollywood dance is a mix of different styles, including hip hop, classical Indian dances, Bhangra, Latin, African and more. Students will be encouraged to enhance their coordination, timing and flexibility through a structured warm-up and then moving into choreography.

Ms. Singh is a choreographer, performer, and instructor of Bhangra dance from Punjab, India and dance from Guinea, West Africa. She is the Artistic Director and founder of Duniya Dance and Drum Company. Ms. Singh has traveled to Guinea several times to study with Master Dancer Moustapha Bangoura and other members of Les Ballets Africains. Growing up in Atlanta, Ga, Ms. Singh learned Bhangra from the Punjabi community, including her parents, uncles and aunts. She was an Artist-in-Residence at CounterPULSE in 2008. In addition she apprenticed Guinean dancer Alesny Soumah through the Alliance for California Traditional Arts' Apprenticeship Program and received the organization's Traditional Artist Development Grant. For more information you can visit: www.duniyadance.com

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LANGUAGE EXPLORATION: CONVERSATIONAL SPANISH

Open to: Grades 3-4
Day: Thursday
Time: 3:30-4:30 p.m.
Instructor: Anthony Sabedra

Location: TBA
Class Limits: Minimum 6, Maximum 10
Course Fee: \$178
Materials Fee: None

Dates: 1/19, 1/26, 2/2, 2/9, 2/16, 3/1, 3/8 & 3/15

This language program is designed to give students a non-classroom setting in which they can acquire, improve and practice conversational Spanish skills. Students in the program will play games, sing songs and speak in a new language together - with near native pronunciation and intonation. Returning and new students are welcome.

Mr. Sabedra has taught Spanish at Burke's for six years. Mr. Sabedra holds a B.S. from University of Santa Clara and a M.A. in Romance languages from Cornell University. Before coming to Burke's, he taught at the Schools of the Sacred Heart where he was the chair of the International Languages Department and a teacher of French, Latin and Spanish.

JUNIOR FIRST LEGO LEAGUE

Open to: Grades K-3
Day: Tuesday & Thursday
Time: 3:30-4:30 p.m.
Instructors:
Jenny Howland
Elizabeth McDonald

Location: Lower School Tech Lab
Class Limits: Minimum 6, Maximum 12
Course Fee: \$250 (K); \$214 (1); \$196 (2); \$178 (3)
Materials Fee: None

Dates: 1/10, 1/12, 1/17, 1/19, 1/24, 1/26, 1/31, 2/2, 2/7, 2/9 & Saturday, 2/11, 1:00-4:30 p.m. for Jr. FLL League Expo

Please read description on page 9.

WINTER 2012

ASEP WEEKLY SCHEDULE

All classes are 3:30-4:30 p.m., unless marked otherwise

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Monday	Tuesday	Wednesday	Thursday
CREATIVE FOOD WRITING DIGITAL PHOTO DRAMA TREE FROG TREKS K-1 (2:45-3:45) TREE FROG TREKS 2-4 (3:45-4:45) PIXEL PLAYERS - VIDEO GAME DESIGN (3:30-4:45)	VIOLIN LESSONS (INDIVIDUAL TIME SLOTS - 3:00-6:00) JUGGLING & STILTS GYMNASTICS TOY STORY (3:00-3:45) ANIMATION CREATION (3:45-4:45) COOKING PIANO LESSONS (INDIVIDUAL TIME SLOTS - 3:30-5:30) JR. <i>FIRST</i> LEGO LEAGUE (TUES. & THURS.)	KARATE K (2:30-3:30) KARATE 1-4 CRAZY FOR COMICS FRENCH GUITAR LESSONS (INDIVIDUAL TIME SLOTS - 3:30-6:00) KNITTING YOGA 3-6 PIANO LESSONS (INDIVIDUAL TIME SLOTS - 3:30-5:30)	JEWELRY MAKING PIANO LESSONS (INDIVIDUAL TIME SLOTS - 3:30-5:30) YOGA K-2 CHESS BHANGARA & BOLLYWOOD DANCE SPANISH JR. <i>FIRST</i> LEGO LEAGUE (TUES. & THURS.)
PIXEL PLAYERS - VIDEO GAME DESIGN (3:30-4:45)	VIOLIN LESSONS (INDIVIDUAL TIME SLOTS - 3:00-6:00) PIANO LESSONS (INDIVIDUAL TIME SLOTS - 3:30-5:30) LATIN	GUITAR LESSONS (INDIVIDUAL TIME SLOTS - 3:30-6:00) PIANO LESSONS (INDIVIDUAL TIME SLOTS - 3:30-5:30) YOGA	PIANO LESSONS (INDIVIDUAL TIME SLOTS - 3:30-5:30)

CANCELLATION AND REFUND POLICY

Classes may be cancelled if a minimum enrollment is not met seven days prior to class date, in which case fees will be refunded.

If you cancel less than eight days prior to the first week of class, fees are not refundable.

