



March 2011



Check your account at <https://www.mynutrikids.com>

a healthy 'a la carte' selection is also available

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
|   | <b>1</b><br>•Pasta Bolognese<br>(Brandon Natural Grass Fed Beef)<br>•Eggplant Parmesan (v)<br>•Cream of Carrot Soup (v) | <b>2</b><br>•Salmon Teriyaki over Brown and White Rice<br>•Ginger and Soy Tofu over Brown Rice (v)<br>•Chicken Noodle Soup  | <b>3</b><br>•Chicken Apple Sausage with Mozzarella and Marinara on Baguette<br>•Grilled Cheese Panini<br>•Tomato Soup                              | <b>4</b><br>•Chicken Enchilada with Spanish Rice<br>•Green Chili (mild) and Cheese Tamale (v)<br>•Minestrone Soup (v)                              |
| <b>7</b><br><b>No School</b>  | <b>8</b><br>•Quiche Lorraine with Side Salad<br>•Spinach and Cheese Quiche<br>•Meat Ball and Veggie Soup                | <b>9</b><br>•Swedish Meatballs over Egg Noodles<br>•Grilled Cheese Sandwich (v)<br>•Chicken Noodle Soup                     | <b>10</b><br>•Baked 'Fish and Chips'<br>•Grilled Veggie Wrap (v)<br>•Minestrone Soup (v)   | <b>11</b><br>•Chinese Orange Chicken with Brown and White Rice<br>•Tofu Veggie Delight over Brown and White Rice (v)<br>•Asian Chicken Noodle Soup |
| <b>14</b><br>•Baked Chicken Strips<br>•Grilled Veggie Wrap (v)<br>•Green Pea Soup (v) | <b>15</b><br>•Beef Lasagna<br>(Brandon Natural Grass Fed Beef)<br>• Spinach Lasagna (v)<br>•Cream of Carrot Soup (v)    | <b>16</b><br>•Baked Salmon with Orange Sauce and Rice<br>•Vegetable Ratatouille (v)   | <b>17</b><br><b>No School</b>  | <b>18</b><br><b>No School</b>  |
| <b>21</b><br>•Niman Ranch Hot Dog<br>•Veggie Dog (v)<br>•Tomato Soup (v)              | <b>22</b><br>•Baked Chicken Breast with Mashed Potatoes<br>•Roasted Vegetable (v)<br>•Minestrone Soup (v)               | <b>23</b><br>•Pasta Bolognese<br>(Brandon Natural Grass Fed Beef)<br>•Eggplant Parmesan (v)<br>•Cream of Carrot Soup (v)    | <b>24</b><br><b>No Service</b>   | <b>25</b><br>•Baked 'Fish and Chips'<br>•Grilled Veggie Wrap (v)<br>•Minestrone Soup (v)   |
| <b>28</b><br>•Baked Chicken Strips<br>•Grilled Veggie Wrap (v)<br>•Green Pea Soup     | <b>29</b><br>•Quiche Lorraine with Side Salad<br>•Spinach and Cheese Quiche<br>•Meat Ball and Veggie Soup               | <b>30</b><br>•Salmon Teriyaki over Brown and White Rice<br>•Ginger and Soy Tofu over Brown Rice (v)<br>•Chicken Noodle Soup | <b>31</b><br>•Bowtie Pasta with Chicken and Basil Pesto Sauce<br>•Bowtie Pasta with Veggies and Basil Pesto Sauce (v)<br>•Cream of Carrot Soup (v) |  |

All entrées are "Kid Friendly" and are prepared using the freshest and healthiest ingredients available.

All Meals include Fresh Fruits, Vegetables and 2% Milk.

v: Vegetarian Entrée