



Burke's School February Vegetarian Lunch Menu

February 6-10

M: Grilled Cheese Sandwiches with Tomato Basil Soup and Apple Quinoa Salad
T: Butternut Squash & Spinach Enchiladas with Brown Rice and Spicy Carrot Salad
W: Penne with Marinara Sauce and Seasonal Roasted Vegetable
Th: Tofu Tenders with Homemade Dips, Potato Salad and Sautéed Greens
F: Fried Rice with Honey Ginger Glazed Sweet Potatoes & Sautéed Greens

February 13-17

M: Sundried Tomato, Mushroom, Olive or Cheese Pizza with Italian Arugula Salad
T: Avocado Caesar Salad Wrap with Couscous Salad
W: Vegetable Coconut Curry with Massa Organic Brown Rice
Th: Baked Creamy Pasta with Broccoli and Roasted Winter Squash
F: Early Dismissal- **NO LUNCH**

February 27- March 2

M: Homemade Veggie Burgers with Kale Salad and Baked Potato Wedges
T: Whole Wheat Quesadillas with Smoky Pinto Beans and Salsas
W: Herb Roasted Portobellos with Garlic Mashed Potatoes and Peas
TH: Spaghetti Bar with Marinara Sauce and Caesar Salad
F: Teriyaki Tofu Stir Fry with Seasonal Vegetables